




NURSING & ALLIED HEALTH PROGRAM

SATURDAY 24 AUGUST

WORKSHOPS

- 8:30am - 10:30am **SEXUAL DYSFUNCTION - THE PATIENT AND THE PARTNER (PART 1)**
 Eureka Room 1
 Chair(s): **Ms Evie Mertens and Mrs Debra Ward**
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- 8:30am Welcome
Ms Evie Mertens (Royal Melbourne Hospital & Australian Prostate Centre)
- 8:35am How, When and Why - An Overview of Sexual Dysfunction and Prostate Cancer
Ms Kath Schubach (Private Practice)
- 9:05am Pharmacological treatments for Sexual Dysfunction - Everything you Need to Know about Injectables and PDE5I's
Mr David Froom (Healthsmart, VCCC)
- 9:35am Managing ADT and ED - My Perspective
Mr David Gray (A/Prof Jeremy Grummet Urology)
- 9:55am Practical Demonstration Treatment aids for Erectile Dysfunction - So That's How These Things Work
Mrs Francesca Rogers (Thyer Urology)
- 10:15am VACUMED Device Demonstration
Mr Chris Hattingh (Vacumed)
- 10:25am Discussion - Question and Answer
Mrs Debra Ward (Australian Prostate Centre)

8:30am - 10:30am

INNOVATIONS IN PROSTATE CANCER CARE - USING PROMS TO DRIVE CHANGE IN PATIENT TREATMENT AND CARE

Chair(s): **Ms Amanda Pomery and Mr Paul Villanti**

An informative session to highlight innovations in Prostate Cancer Care and how the use of patient reported outcomes drives change and improvement in clinical quality, treatment and survivorship care.



- 8:30am Welcome and Setting the Scene
Mr Paul Villanti (Movember Foundation)
- 8:45am Using PROMS to Reduce Treatment Variation - The UK Experience
Professor Caroline Moore (University College London)
- 9:10am Empowering Patients to Self-management Treatment and Care - Demonstration - TrueNTH Digital Health
Ms Amanda Pomery (Movember Foundation)
- 9:25am PROMPT-Care: An Innovative PRO-based System that Informs Cancer Care and Survivorship
Professor Afaf Girgis (UNSW)
- 9:40am NZ Experience with PROMS in Prostate Cancer
Dr Stephen Mark (Urology Associates)
- 9:55am A Pilot Study Examining the Feasibility and Impact of the TrueNTH Prostate Cancer Telephone - Base Care Coordinators Study in Victoria
Professor Sue Evans (Monash University)
- 10:10am – 10:30AM Discussion

8:30am - 10:30am

RADIATION ONCOLOGY IN ADVANCED PROSTATE CANCER IN 2019 : INTEGRATING MULTI-MODALITY TREATMENT TO GET THE BEST OUTCOMES

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Eureka Room 2
Chair(s): **Dr Mario Guerrieri**

With the rapid emergence of new technologies in radiation oncology (VMAT/SABR/CBCT/MRI linac/onboard imaging), and the improved imaging modalities for the detection and surveillance of prostate cancer (MRI/PSMA PET scanning) the optimal treatment of men with advanced prostate cancer is changing. Multiple active systemic agents that prolong life mean that the treatment decision algorithms that we have traditionally used needs to be revised and updated.

- 8:30am Introduction and Welcome **Dr Mario Guerrieri (GenesisCare)**
- 8:35am Avoiding Futile Treatment Post Prostatectomy. The IMPPORT trial: A Prospective Study Utilizing Post Prostatectomy PSMA PET Scanning to Help Guide Decision Making
Dr Samantha Koschel (St Vincent's Hospital)
- 8:54am Prostate Ultra-hypofractionation: An Australian perspective of Prostatic SABR as Definitive Treatment of Prostate Cancer.
Dr Mark Sidhom (Liverpool Hospital)
- 9:13am Treatment of Oligometastatic Prostate Cancer
Professor Piet Ost (Ghent University)
- 9:32am The Moving Target of Prostate Cancer - What Every Radiation Oncology Department Should have in 2020 to Treat Prostate Cancer
Dr Mario Guerrieri (GenesisCare)
- 9:51am The MRI Linac in Personalising Daily Prostate Cancer Treatment
Assoc Prof Farshad Foroudi (Olivia Newton John Cancer Centre)
- 10:10am SABR in Oligometastatic Prostate Cancer: POPSTAR and Beyond
Assoc Prof Shankar Siva (Peter MacCallum Cancer Centre)

- 8:30am - 10:30am **KNOWING THE LITERATURE: AN OVERVIEW OF THE MOST IMPORTANT PAPERS IN PROSTATE CANCER FROM A MULTIDISCIPLINARY PANEL**
Eureka Room 3
Chair(s): **Dr Phil Dundee and Assoc Prof Shomik Sengupta**
- 8:30am "The most important papers in prostate cancer: A medical oncologists perspective"
Professor Kenneth Pienta (Johns Hopkins University, School of Medicine)
- 8:45am "Five radiation papers you need to know"
Professor Piet Ost (Ghent University)
- 9:00am "Papers that changed surgical practice"
Professor Alan Partin (Johns Hopkins University, School of Medicine)
- 9:15am "Prostate cancer papers you should know about"
Professor Joseph Smith (Vanderbilt University)
- 9:30am - 10:30am Ask the Panel - Question & Answer with International Faculty
- 10:30am - 11:00am **MORNING TEA**
Goldfields Foyer
- 11:00am - 12:30pm **CONFERENCE OPENING & 20TH ANNIVERSARY CELEBRATION**
(Combined with: Clinical Urology, Translational Science)
Goldfields Theatre
Chair(s): **Professor Tony Costello and Dr Daniel Moon**
- 11:00am Conference Opening & 20th Anniversary Celebration
Mr Mark Harrison (Australian Prostate Centre)
- 11:10am The Urologic Surgeon: Using the Past to Inform the Future
Professor Joseph Smith (Vanderbilt University)
- 11:30am Active Surveillance: Has the Pendulum Swung Too Far?
Professor Kirsten Greene (University of California San Francisco)
- 11:50am TrueNth Outcome Data
Professor Caroline Moore (University College London)
- 12:10pm Patrick C Walsh Lecture - Total Eradication of Disease (TED) - The New Paradigm?
Professor Kenneth Pienta (Johns Hopkins University, School of Medicine)
- 12:30pm - 1:45pm **LUNCH**
Goldfields Exhibition
- 1:45pm - 3:45pm **MULTIDISCIPLINARY PLENARY**
(Combined with: Clinical Urology, Translational Science)
Chair(s): **Assoc Prof Nathan Lawrentschuk and Dr Peter Swindle**
- 1:45pm The Role of Local Therapy in Oligometastatic Prostate Cancer: Where are we in 2019
Professor John Davis (MD Anderson Cancer Center)
- 2:05pm The Rationale for Radiation Therapy in Oligometastatic Prostate Cancer
Professor Piet Ost (Ghent University)
- 2:25pm PSMA-PET is the New Gold Standard in Primary Diagnosis
Assoc Prof Louise Emmett (St Vincent's Hospital Sydney)

- 2:45pm Precision Surgery and Molecular Imaging for Prostate Cancer
Professor Freddie Hamdy (University of Oxford)
- 3:05pm ENZAMET : Results of First Interim Analysis
Professor Ian Davis (Monash University)
- 3:25pm Why are Some Prostate Cancers Lethal?
Professor Paul Boutros (University of California, Los Angeles)
- 1:45pm - 3:45pm** **SEXUAL DYSFUNCTION - CHANGING TIMES (PART 2)**
Chair(s): **Ms Evie Mertens and Mrs Debra Ward** *Supported by*
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- 1:45pm Overview and Introduction
Ms Evie Mertens (Royal Melbourne Hospital)
- 1:50pm Let's Talk About Sex! Intimacy and Prostate Cancer
Ms Evie Mertens (Royal Melbourne Hospital)
- 2:10pm Get on the Program - Evidence Based Tactics to Encourage Treatment Compliance
Dr Chris Nelson (Memorial Sloan Kettering Cancer Center)
- 2:40pm Case Study : How Would you Deal with this?
Group Discussion : What have your experiences been in educating patients and partners
- 3:25pm Report Back : Group Discussion and Feedback'
Ms Evie Mertens (Royal Melbourne Hospital)
- 3:45pm - 4:15pm** **AFTERNOON TEA**
Goldfields Exhibition
- 4:15pm - 5:45pm** **MULTIDISCIPLINARY PLENARY**
(Combined with: Clinical Urology, Translational Science)
Goldfields Theatre
Chair(s): **Dr Phil Dundee and Professor Peter Heathcote**
- 4:15pm Treating Localized Prostate Cancer: Lessons from SPCG-4, PIVOT and ProtecT
Professor Freddie Hamdy (University of Oxford)
- 4:35pm Advances in Improving Outcomes of Radiation
Dr Michael Chao (GenesisCare)
- 4:55pm Obesity & Nutrition and Prostate Cancer
Professor Stephen Freedland (Cedars-Sinai Medical Center)
- 5:15pm Australian Exercise and Cancer Guidelines
Professor Rob Newton (Edith Cowan University)
- 5:35pm Discussion
- 5:45pm - 6:45pm** **WELCOME INDUSTRY RECEPTION**
Goldfields Exhibition
- We encourage delegates to meet your fellow attendees in the relaxed setting of the exhibition. Drinks and canapes will be served in the Exhibition area.*

6:45pm - 9:00pm

SPONSORED SATELLITE DINNER - IS RADIOTHERAPY OR SURGERY THE BEST WAY TO TREAT THE PRIMARY IN METASTATIC PROSTATE CANCER?

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Chair(s): **Dr Ben Tran**
Speakers: **Dr Michael Chao & Dr Rajesh Nair**



Some of history's greatest rivalries have ended in broken rackets (McEnroe versus Connors), broken noses (Ali versus Frazier) or broken legs (Kerrigan versus Harding). Come join us over dinner to watch the greatest rivalry of all, urology versus radiation oncology, once again take up the old debate but on a new field: Dr Michael Chao (Radiation Oncologist) and Dr Rajesh Nair (Urologist) will put on their boxing gloves or grab their lead pipes and fight it out to the bitter end: Is radiotherapy or surgery the best way to treat the primary in metastatic prostate cancer?

6:45pm - 9:00pm

SPONSORED SATELLITE DINNER – A BALANCED LIFE IS A HAPPY LIFE – TIPS AND TRICKS

Chair(s): **Mr David Gray**
Speaker: **Dr Ranjit Rao**

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Dr Ranjit Rao is a surgeon with a difference! His work as a surgeon gives him a unique perspective on matters pertaining to health and wellness and the choices we make towards a more vibrant more fulfilling life. He blends western and eastern; modern and ancient; physical and spiritual in a way that is easy to understand and apply to daily life. Are you someone who is fully living in the hustle and bustle of worldly life? If you have a busy job, a hectic family life with a partner and children, and if you enjoy all the pleasures that life has to offer, such as food, alcohol, coffee, sex and friendships, and if you also wish to achieve the balance and inner peace of the Buddha, this dinner is a must attend.

SUNDAY 25 AUGUST

7:00am - 7:50am

EXERCISE FOR PROSTATE CANCER PATIENTS

(Combined with: Clinical Urology, Translational Science)

Chair(s): **Ms Kimberley Lyford**

Regular exercise before, during and following cancer treatment improves physical function, attenuates cancer-related fatigue, alleviates psychological distress and improves quality of life across multiple general health and cancer specific domains. Being physically active provides a protective effects against cancer re-occurrence, cancer specific mortality and all-cause mortality for some cancers. Participate in an exercise class demonstrating the types of exercise recommended for Prostate cancer patients to participate in before, during and after their treatment. Get a feel for the intensity at which these men should be exercising and feel the short term benefits

8:00am - 10:00am PROSTATE CANCER IN 2019: RAPID FIRE

Eureka Room 2

Eureka Room 3

Chair(s): **Ms Helen Crowe and Mr David Gray**

The ever so popular session which covers all disciplines involved in treating prostate cancer and what has transpired in the following years. This session will cover various presentations from our allied health colleagues, an update on radiation treatment for prostate cancer, and the resources available for our patients

8:00am Welcome and APCC2019 Highlights
Ms Helen Crowe and Mr David Gray

8:09am GAP 4 - Exercise and Prostate Cancer
Professor Rob Newton (Edith Cowan University)

8:34am Addressing the Psychological Consequences of a Diagnosis of Prostate Cancer
Professor Suzanne Chambers (University of Technology Sydney)

8:59am Radiation Therapy - An Update in the Latest Advances
Dr Mario Guerrieri (GenesisCare)

9:19am What Resources are out There to Help Support Our Patients & Their Partners?
Mrs Debra Ward (Australian Prostate Centre)

9:34am TrueNTH Australia Prostate Cancer Update
Ms Amanda Pomery (Movember Foundation)

Moderated Posters

9:44am Co-designing a Prehabilitation Program (Co-PreP) to improve experiences for men with prostate cancer
Ms Alesha Sayner (Western Health)

9:48am Prostate cancer group education program for men and their carers: evaluation of effectiveness
Ms Carla D'Amico (Austin Health)

9:52am Feasibility and patient satisfaction in a Co-Designed Prehabilitation Program (Co-PreP) for patients with prostate cancer
Ms Alesha Sayner (Western Health)

9:56am Peer support and social contact as key driver for compliance and motivation to a supervised group-based exercise program in men with prostate cancer receiving androgen deprivation therapy in daily clinical practice
Mrs. Renee Bultijnck (Ghent University)

10:00am - 10:30am MORNING TEA

Goldfields Exhibition

10:30am - 12:30pm INCONTINENCE AFTER PROSTATE CANCER: BEST PRACTICE MANAGEMENT

Eureka Room 2

Eureka Room 3

Chair(s): **Ms Rachel Heerey and Ms Shan Morrison**

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The triad of objectives for radical treatments include cancer control, continence and potency. This session will address the physiology behind why incontinence occurs following prostatectomy and radiation and how it is managed.

10:30am Urinary and Faecal Incontinence Post Radiation Therapy
Ms Alesha Sayner (Australian Prostate Centre)

10:50am PPI: New outcomes and Interpretations for Training
Professor Paul Hodges (University of Queensland)

- 11:10am Psychological Impact of Incontinence in Men with Prostate Cancer
Dr Chris Nelson (Memorial Sloan Kettering Cancer Center)
- 11:30am Bladder Dysfunction Associated with Post-Prostate Cancer Incontinence
Dr Sandra Elmer (Australian Prostate Centre)
- 11:40am Surgical Management of Prostate Cancer Related Incontinence
Dr Daniel Moon (Peter MacCallum Cancer Centre)
- 12noon Discussion
- 12:30pm - 1:30pm **LUNCH**
Goldfields Exhibition
- 12:30pm - 1:30pm **COME AND SEE ONE OF THE AUSTRALIAN PROSTATE CENTRE EXERCISE GROUPS IN ACTION!**
(Combined with: Clinical Urology, Translational Science)
Chair(s): **Ms Kimberley Lyford**
- These men participate in regular exercise groups and are undergoing ADT, Chemotherapy and preoperative conditioning for their upcoming RARP. Have a chat to them to find out how they have benefited from these sessions. Chat with our Exercise Physiologist about how exercise will benefit your patients.*
- 1:45pm - 3:45pm **50 SHADES OF GREY: THE LATEST IN IMAGING IN PROSTATE CANCER**
Eureka Room 2
Eureka Room 3
Chair(s): **Dr Jane Crowe and Ms Evie Mertens**
- With Medicare rebates now available for prostate MRI, find out who is eligible for MRI, the importance of MRI in detecting significant prostate cancers and the role of MRI in biopsy. PSMA PET is now easily accessible to most patients, but what does that mean? Is this the new conventional imaging? Do bone scan and CT scans still play a role in prostate cancer imaging?*
- 1:45pm The Role of Imaging in Focal Therapy for Prostate Cancer
Assoc Prof Jeremy Grummet (Alfred Health)
- 2:25pm An Overview of Imaging Modalities Used in Prostate Cancer
Assoc Prof Richard O'Sullivan (Bridge Road Imaging)
- 2:45pm MRI Fusion Biopsy
Dr Homi Zargar (Australian Prostate Centre)
- 3:05pm How Does Imaging Change the Management and Care of Prostate Cancer Patients?
Dr Rajesh Nair (Guy's and St Thomas' NHS Foundation Trust)
- 3:25pm Pathology in Prostate Cancer: What's Under the Microscope
Dr Andrew Ryan (Tissue Path)
- 3:45pm - 4:15pm **AFTERNOON TEA**
Goldfields Exhibition

4:15pm - 5:45pm **TO WAIT OR NOT TO WAIT: ACTIVE SURVEILLANCE & WATCHFUL WAITING**

Eureka Room 2
Eureka Room 3

Chair(s): **Dr Camille Short and Mrs Deb Ward**

As we know, there are some prostate cancers that need treatment, and others that can be watched safely. This session will discuss the role of active surveillance and ideal candidates. Psychological support plays a vital role in this cohort of men. Watchful waiting will also be addressed and its role discussed on what it is and when it is implemented.

4:15pm What is Active Surveillance? Watchful Waiting? And the Guidelines?
Dr Rajesh Nair (Guy's and St Thomas' NHS Foundation Trust)

4:45pm 'Update on Uptake of Active Surveillance and Quality (in Australia) - GAP3 Study'
Assoc Prof Nathan Lawrentschuk (Peter MacCallum Cancer Centre)

5:05pm Anxiety Initiating Treatment for Patients on Active Surveillance
Dr Chris Nelson (Memorial Sloan Kettering Cancer Center)

7:00pm - 11:30pm **CONFERENCE GALA DINNER**

(Combined with: Clinical Urology, Translational Science)
The Aviary at Crown

Celebrate our 20th Anniversary Dinner at the stunning Aviary on the rooftop at Crown. Join us for an evening of fine food and wine with entertainment. The dinner will include the presentation of the Patrick C Walsh Lecture and announcement of the Conference Poster Award Winners.

MONDAY 26 AUGUST

8:30am - 10:30am **ENHANCING THE LIVES OF MEN WITH ADVANCED PROSTATE CANCER**

Eureka Room 2
Eureka Room 3

Chair(s): **Melissa Caruso and Assoc Prof Prue Cormie**

In an ever change landscape, this session will address the new pharmacological treatments and the various sequencing of these treatments. Topics will include the various anti-androgen therapies, systemic treatments, an overview of cardio-oncology, and addressing quality of life issues.

8:30am What's New in Advanced Prostate Cancer
Dr Edmond Kwan (Monash University)

9:10am Cardio-Oncology: the importance of heart health & exercise for men on ADT
Dr Erin Howden (Baker Institute)

9:30am Cognitive Decline for Patients on Androgen Deprivation Therapy
Ms Niamh Mundell (Deakin University)

9:50am The Role of the Specialist Nurse in Caring for Men with Advanced Disease
Ms Margaret Shearer (Department of Health Queensland)

10:10am PCOR Data - QoL Outcomes Between Metro, Regional and Rural Men with Prostate Cancer
Professor Sue Evans (Monash University)

10:30am - 11:00am **MORNING TEA**

Goldfields Exhibition

- 11:00am - 12:45pm** **BE GAME READY: EMERGING CHALLENGES IN PROSTATE CANCER**
 Eureka Room 2
 Eureka Room 3
 Chair(s): **Dr Camille Short and Ms Sally Sara**
- This session will focus on sexuality & gender identity, the transgender patient and their risk of prostate cancer, and addressing the question: has the evolution and technical changes in radical prostatectomy made a difference?*
- 11:00am Sexuality and Gender Identity: Politically Correct Terms and Care
Dr Josh Muller (Mind Equality Centre)
- 11:30am Gender Reassignment Patients: What is Their Prostate Cancer Risk?
Dr Ada Cheung (Melbourne University)
- 12noon Case studies and question time
Dr Ada Cheung (Melbourne University)
- 12:10pm Radical prostatectomy: Evolution and Technical Changes. Have They Made a difference?
Dr Rajesh Nair (Guy's and St Thomas' NHS Foundation Trust)
- 12:45pm - 1:45pm** **LUNCH**
 Goldfields Exhibition
- 1:45pm - 3:45pm** **MULTIDISPLINARY PLENARY : ACTIVE SURVEILLANCE BEST PRACTICE IN 2019**
 (Combined with: Clinical Urology, Translational Science)
 Goldfields Theatre
 Chair(s): **Professor Tony Costello and Dr Daniel Moon**
- 1:45pm Active Surveillance : An Update
Professor Alan Partin (Johns Hopkins University, School of Medicine)
- 2:05pm Deintensifying Active Surveillance Monitoring - Benefit or Risk?
Professor John Davis (MD Anderson Cancer Center)
- 2:25pm Active Surveillance Consensus Statement – Decision Making for Active Surveillance in the 21st Century
Facilitated by Professor Tony Costello with a panel of national and international presenters
- 3:45pm - 4:15pm** **AFTERNOON TEA**
 Goldfields Exhibition
- 4:15pm - 5:30pm** **PSA TODAY: WHAT DO WE NEED TO KNOW?**
 Eureka Room 2
 Eureka Room 3
 Chair(s): **Ms Helen Crowe and Mr David Gray**
- 4:15pm PSA Screening. From Controversy to Consensus
Professor Peter Heathcote (Brisbane Urology Clinic)
- 4:35pm Counselling a man about PSA testing - Q & A With a General Practitioner
Dr Jane Crowe (Australian Prostate Centre)
- 5:05pm PSA-itis : Is It Real and How Can We Help?
Dr Brindha Pillay (Royal Melbourne Hospital)
- 5:25pm Conference Closing & Announcement of 2020
Ms Helen Crowe and Mr David Gray