NURSING & ALLIED HEALTH

WEDNESDAY 22 AUGUST

5:30pm - 7:30pm    WELCOME TO DESTINATION EVENT
Southbank Beer Garden
Stanley Street Plaza (infront of the Southbank pool)

THURSDAY 23 AUGUST

7:45am - 8:00am    CONFERENCE OPENING
Plaza Auditorium

7:45am    Welcome
The Honourable Wayne Swan MP

8:00am - 10:00am   MULTIDISCIPLINARY PLENARY
Plaza Auditorium

Chairs: Prof Tony Costello AM & A/Prof Peter Heathcote

8:00am    AUA President Address - The Future of Urology
Dr Brantley Thrasher (The University of Kansas Health System)

8:20am    What the last century has taught us in the role of radical prostatectomy
Prof Joseph Smith (Vanderbuilt University)

8:40am    Search for the heredity in Prostate Cancer
Prof Patrick Walsh (John Hopkins University)

9:00am    Who needs genetic screening?
Dr Oliver Sartor (Tulane Medical School)

9:20am    Prevention and Prostate Cancer - what can we say in 2018?
Dr Brantley Thrasher (The University of Kansas Health System)

9:40am    Discussion

10:00am - 10:30am  MORNING TEA
Plaza Ballroom
<table>
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<th>Time</th>
<th>Event</th>
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<tr>
<td>10:30am - 12:30pm</td>
<td>MULTIDISCIPLINARY PLENARY</td>
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<td>Plaza Auditorium</td>
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<td>Chairs: Dr Phil Dundee &amp; Prof Brantley Thrasher</td>
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<tr>
<td>10:30am</td>
<td>Active Surveillance - What's New</td>
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<td>Dr Peter Carroll (University of California)</td>
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<td>10:50am</td>
<td>Testing Protocols in Active Surveillance</td>
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<td>Dr Stacy Loeb (New York University)</td>
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<td>11:10am</td>
<td>Prostate Cancer and Scandinavia - from the Vikings to now</td>
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<td>Prof Per-Anders Abrahamsson (Lund University)</td>
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<td>11:30am</td>
<td>Introduction to Pat Walsh Lecture</td>
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<td>Prof Tony Costello (The Royal Melbourne Hospital)</td>
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<td>11:35am</td>
<td>Pat Walsh Lecture - Lymph Nodes in Prostate Cancer</td>
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<td>A/Prof John Yaxley (Wesley Urology Clinic)</td>
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<td>11:55am</td>
<td>Discussion</td>
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<td>12:20pm</td>
<td>Presentation of the Chris McPherson Nursing Award</td>
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<td>Mrs Gaye McPherson</td>
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<td>12:30pm - 1:45pm</td>
<td>LUNCH CLINICAL UROLOGY MODERATED POSTER SESSION</td>
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<td>Supported by Janssen Oncology</td>
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<td>1:45pm - 3:15pm</td>
<td>&quot;WHAT TO EXPECT&quot;: REALISTIC PATIENT OUTCOMES AFTER PROSTATE CANCER</td>
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<td>TREATMENT</td>
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<td>Meeting Room P9</td>
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<td>Chairs: Helen Crowe &amp; David Gray</td>
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<td>1:45pm</td>
<td>Welcome &amp; Introduction - Ms Helen Crowe &amp; Mr Dave Gray</td>
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<td>1:50pm</td>
<td>Patient expectations of quality of life post-treatment for Prostate</td>
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<td>Ms Brindha Pillay (Epworth HealthCare)</td>
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<td>2:10pm</td>
<td>When will spontaneity return? Setting sexual health expectations for</td>
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<td>prostatectomy patients</td>
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<td>Ms Victoria Cullen (Cancer Specialists)</td>
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<td>2:30pm</td>
<td>Setting the scene: post-prostatectomy outcomes and education</td>
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<td>Ms Evie Mertens (The Royal Melbourne Hospital)</td>
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<td>2:50pm</td>
<td>Quality of life outcomes and unmet needs in long-term survivors of</td>
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<td>Prostate Cancer: 15 year follow up of the NSW Prostate Cancer Care</td>
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<td>Ms Carolyn Mazariiego (Cancer Council NSW)</td>
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<td>3:10pm</td>
<td>APC Nursing Fellowship Report</td>
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<td>Ms Francesca Leggott and Mrs Melissa Caruso</td>
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<td>3:15pm - 3:45pm</td>
<td>AFTERNOON TEA</td>
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<td>Plaza Ballroom</td>
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3:45pm - 5:30pm  PROSTATE CANCER IN 2018 : WHAT IS ON THE HORIZON?
   Meeting Room P9
   Meeting Room P10
   Chairs: Shan Morrison & Evie Mertens

3:45pm  Urology & Prostate Cancer: an overview of contemporary developments & issues
   Mr Lih-Ming Wong (St Vincent’s Hospital)

4:15pm  Prostate Cancer Survivorship in the UK
   Ms Louisa Fleure (Guys Hospital, UK)

4:30pm  The latest and greatest in continence physiotherapy following Prostate Cancer treatment
   Mr Ryan Stafford (The University of Queensland)

4:50pm  Prostate cancer nursing workforce: where we are and what does the future look like?
   Ms Louisa Fleure (Guys Hospital, UK)

5:10pm  What you don’t know about exercise for Prostate Cancer
   A/Prof Prue Cormie (Australian Catholic University)

5:30pm - 6:30pm  WELCOME RECEPTION
   Plaza Ballroom

6:30pm - 8:30pm  SATELLITE DINNER MEETING
   Meeting Room P9
   Meeting Room P10
   
   Supported by AstraZeneca

   Chair: Shan Morrison
   Presenter: Sonia McDonald

   Leadership is an Attitude

   Sonia’s energetic presentations encourage people to listen with her infectious enthusiasm and practical advice. You will learn to understand how your brain influences your actions to make better leadership decisions. Learn to lead through inspiration rather than instruction, and inspire their teams to work together… Sonia will give you tools to think beyond the traditional model of leadership and help create an organisation of engaged and committed people working for the same goal.

6:30pm - 8:30pm  PROSTATE CANCER IN 2018 FOR GENERAL PRACTITIONERS
   Meeting Room P8

   Chairs: Dr Jane Crowe & Dr Peter Swindle

   Join us for an informative evening where we gather a team of prostate cancer experts to provide you with the most up to date information on PSA testing in 2018, including prostate biopsy options and MRI, radiation therapy and androgen deprivation therapy. At the end of the session you will have the opportunity to ask questions to our panel of experts. Download the full program on the website.
FRIDAY 24 AUGUST

6:45am – 7.30am  WAKE UP EXERCISE SESSION (OPTIONAL PRE CONFERENCE SESSION)
Southbank Pool (Riverside)
Chair: Kimberley Lyford
Enjoy some fresh air the on the banks of Brisbane river. A 45 minute Exercise Physiology supervised session, that demonstrates the types of exercises that are often prescribed to men going through prostate cancer treatments. Come in comfortable clothing including runners and enjoy a morning of movement before attending the conference.

8:00am - 10:00am  THE TEAM APPROACH TO PROSTATE CANCER: OPTIMISING NURSING AND ALLIED HEALTH CLINICS
Meeting Room P9
Meeting Room P10
Chairs: Debra Ward & Kerry Santoro

8:00am  Setting up a nurse led Prostate Cancer clinic - one nurse’s experience
Ms Sally Sara (PCFA)

8:25am  Dreams, developments, difficulties and downfalls: 25 years’ experience of nurse-led clinics in the UK
Ms Louisa Fleure (Guys Hospital, UK )

8:50am  Nurse-led sexual health clinics: challenges & solutions
Ms Kath Schubach (Mens Health Melbourne)

9:15am  ADT: Collaborative allied health care
Dr Jane Crowe (Australian Prostate Centre)

9:35am  MATE Seminar: group education for men on ADT
Mr Dave Gray (Australian Prostate Centre)

8:00am - 10:00am  EXERCISE & PROSTATE CANCER (PART 1)
Meeting Room P8
Chair: A/Prof Prue Cormie

This 4 hour interactive workshop is being offered as part of the Prostate Cancer Professional Development Course for Exercise Specialists who have already completed their online modules (https://prostatecancerpd.learnbook.com.au/). The workshop will involve case study simulations in tailoring exercising medicine for men with prostate cancer. The workshop will also be beneficial for nursing and allied health professionals who would like a thorough understanding of the role of exercise for men with prostate cancer. It has been designed to help nursing and allied health professionals educate their patients about exercise medicine and facilitate access to best-practice care for their patients. (Please note this session is delivered in two parts)

10:00am - 10:30am  MORNING TEA
Plaza Ballroom
10:30am - 12:30pm  **SEXUAL FUNCTION, AGEING, AND PROSTATE CANCER: THE UPS AND DOWNS**  
Meeting Room P9  
Meeting Room P10  
Chairs: Kay Talbot & Sally Sara

10:30am Prosthetics for erectile dysfunction  
Dr Greg Malone (Brisbane Urology Clinic)

11:00am Hormones, sex and libido: supporting men on ADT  
Ms Louisa Fleure (Guys Hospital, UK)

11:30am Effects of aging on sexual function  
Ms Victoria Cullen (Cancer Specialists)

12noon Sexual function post prostate cancer treatment: tips and tricks  
Ms Evie Mertens (The Royal Melbourne Hospital)

10:30am - 12:30pm  **EXERCISE & PROSTATE CANCER (PART 2)**  
Meeting Room P8  
Chair: A/Prof Prue Cormie

12:30pm - 1:45pm  **LUNCH (CLINICAL UROLOGY AND NURSING & ALLIED HEALTH MODERATED POSTER SESSION)**  
Plaza Ballroom  
Chairs: Kay Talbot & Camille Short

- Nutrition care guidelines for men with prostate cancer undergoing Androgen Deprivation Therapy: Do we have enough evidence? **Katelyn Barnes**
- Choosing Healthy Eating Choices and Keeping active for Men having the Androgen Therapy Experience: The CHECKMATE pilot study **Maree Brinkman**
- Development of ‘Exercise Guide’: A tailored eHealth guidance and exercise prescription tool for men with metastatic prostate cancer **Holly Evans**
- New protocols for a faster return to continence and quality of life following Radical Prostatectomy **Joanne Milios**
- Exploring prostate cancer survivor’s perceptions of targeted physical activity messages: Implications for computer-tailoring **Amy Finlay**
- Determining the supportive care needs, and distress, of Australian men with prostate cancer receiving hormone therapy: A cross-sectional study **Nicholas Howard**
- Evaluation of health professional’s knowledge of prostate cancer pre and post attendance at a dedicated prostate cancer education evening **Deirdre Kiernan**
- Health behaviours, Masculinity, and Quality of Life in Men with Prostate Cancer **Kirstyn Laurie**
- Men’s attitudes and preferences toward exercise-based support during active surveillance for prostate cancer **Megan McIntosh**
- A tailored eHealth guidance and exercise prescription tool for men with metastatic prostate cancer: A protocol for feasibility, safety and usability testing **Holly Evans**
- A Systematic Review of Physical Activity Based Behaviour Change Interventions Reaching Men with Prostate Cancer **Amy Finlay**
- Therapeutic Ultrasound for Peyronie’s Disease in Prostate Cancer: A novel, non-invasive approach to treatment **Joanne Milios**
- Exploring the impact of providing men with information about potential prostate cancer treatment options prior to receiving their biopsy results **Brindha Pillay**
Pre-operative functional pelvic floor muscle training in radical prostatectomy: Identifying feasibility
Alesha Sayner

Effects of a laxation and probiotic bowel preparation regimen: A randomized controlled trial in patients undergoing prostate radiation therapy Niki Weston

1:45pm - 3:15pm PROSTATE CANCER RADIOTHERAPY AND ITS AFTER EFFECTS: HOW TO OPTIMISE OUTCOMES
Supported by Meeting Room P9 Meeting Room P10 Chairs: Kath Schubach & Deidre Kieman

1:45pm Radiotherapy and potential side effects: what are these and why do they occur?
Dr Mario Guerrieri (Genesis Care)

2:05pm Urological management of post-radiotherapy complications
Dr Daniel Moon (Peter MacCallum Cancer Centre)

2:25pm Hyperbaric therapy for post-radiotherapy haemorrhagic cystitis
Dr Susannah Sherlock (University Queensland Royal Brisbane Clinical Unit)

2:45pm Where's the toilet? Post radiation continence management
Ms Trish Husband (Townsville Hospital, Prostate Cancer Nursing Service)

3:00pm Not all radiation makes you a superhero
Dr Irmina Nahon (University of Canberra)

1:45pm - 3:15pm SEXUAL HEALTH WORKSHOP
Meeting Room P8 Chairs: Victoria Cullen & Max Rutherford

What are the challenges of exploring sexuality with prostate cancer patients (especially given the time constraints of a typical consult)? How can we best deal with the discomforts associated with discussing sexual intimacy with individuals and couples? What does 'sexual recovery' mean in this context? How do we measure success? How do we know that we have done a good job? We will create a safe space for peer learning in order to explore common challenges around sexual communication.

3:15pm - 3:45pm AFTERNOON TEA
Plaza Ballroom

3:45pm - 5:30pm MDT FORUM - PRESENTATIONS & PANEL
(Combined with: Nursing & Allied Health)
Plaza Auditorium Chairs: Prof Mark Frydenberg & Prof Patrick Walsh

3:45pm Listen to your patients
Prof Patrick Walsh (John Hopkins University)

4:05pm Rethinking the recovery of continence after radical prostatectomy: New ideas from novel technologies
Prof Paul Hodges (University of Queensland)

4:25pm Long term outcomes of the Brisbane Open vs Robot radical prostatectomy RCT
A/Prof John Yaxley (Wesley Urology Clinic)

4:45pm – 5:30pm MDT Panel Case Discussion
Chair: Dr Phil Dundee
Panel: Dr Brian Chapin, Dr Oliver Sartor, Prof Tom Pickles, Louisa Fleure, A/Prof Prue Cormie, Max Rutherford, Stuart Doorbar-Baptist
SATURDAY 25 AUGUST

8:15am - 10:00am  RESEARCH 101: THE BASICS FOR ALLIED HEALTH CLINICIANS
Meeting Room P9
Meeting Room P10
Chairs: Brindha Pillay & David Smith

8:15am  Nursing and Allied Health Research and Prostate Cancer: Where to start
Ms Alesha Sayner (Western Health)

8:40am  Ethics 101: What to know before submitting an application
Mr Nicholas Howard (Epworth HealthCare)

9:00am  Prostate biopsy patterns: the cause of the cores
Ms Karen Chiam (Cancer Council NSW)

9:20am  PCFA as a Partner in Research
Ms Wendy Winnall (PCFA)

9:40am  Overall risk factors for prostate cancer
Mr David Smith (Cancer Council NSW)

8:30am - 10:00am  POST PROSTATECTOMY INCONTINENCE WORKSHOP
Meeting Room P6
Meeting Room P7
Chairs: Shan Morrison & Jason Crow

8:30am  Welcome
Ms Shan Morrison (Women's & Men's Health Physiotherapy)

8:35am  Research update: physiology and biomechanics of post-prostatectomy incontinence
Prof Paul Hodges (University of Queensland)

8:55am  Intra-operative preservation of continence
Dr Daniel Moon (Peter MacCallum Cancer Centre)

9:15am  Bladder dysfunction in PPI
Dr Michael Whishaw (The Royal Melbourne Hospital)

9:35am  Panel discussion: Etiology of post-prostatectomy incontinence
Prof Paul Hodges (University of Queensland), Dr Daniel Moon (Peter MacCallum Cancer Centre) and Dr Michael Whishaw (The Royal Melbourne Hospital)

10:00am - 10:30am  MORNING TEA
Plaza Ballroom

10:30am - 12:30pm  WHEN A CURE IS NOT POSSIBLE: CARING FOR MEN WITH ADVANCED PROSTATE CANCER
Meeting Room P9
Meeting Room P10
Chair: A/Prof Prue Cormie & Sue Osborne

10:30am  Latest advances in sequencing in medical oncology
Dr Ben Tran (Peter MacCallum Cancer Centre)

11:00am  Exercise for patients with advanced prostate cancer
Ms Tina Skinner (The University of Queensland)

11:20am  Advanced prostate cancer: life priorities and health research
Dr Camille Short (University of Adelaide)
11:40am  Nutritional profiling & prostate cancer
Dr Maree Brinkman (Nutrition Biomed)

12noon  Specialist nursing & holistic care for men with advanced prostate cancer
Ms Louisa Fleure (Guys Hospital, UK )

10:30am - 12:30pm  POST PROSTATECTOMY INCONTINENCE WORKSHOP
Meeting Room P6
Meeting Room P7
Chairs: Irmina Nahon and Brooke Brown

10:30am  Red flags after radical prostatectomy: what to look out for
Dr Homi Zargar (Australian Prostate Centre)

11:00am  Helping men to cope with the psychological impact of prostate cancer surgery
Ms Samantha Clutton (Cancer Council QLD)

11:30am  Optimising continence outcomes: a physiotherapy perspective
Ms Shan Morrison (Women's & Men's Health Physiotherapy) and Mr Stuart Doorbar-Baptist (Sydney Men’s Health Physiotherapy)

12:30pm - 1:45pm  LUNCH
Plaza Ballroom

1:45pm - 3:15pm  RURAL NURSING MANAGEMENT IN PROSTATE CANCER
Meeting Room P9
Meeting Room P10
Chairs: Helen Crowe & David Gray

1:45pm  A journey of discovery through online resources for prostate cancer
Mrs Debra Ward (Australian Prostate Centre)

2:05pm  Online exercise support and research
Dr Camille Short (University of Adelaide)

2:25pm  "Home & Away" - Rural and Remote Prostate cancer care
Ms Deirdre Kiernan (Mater Hospital)

2:45pm  Evaluation of nurse-led supportive care intervention for men with Prostate Cancer
A/Prof Nicholas Ralph (University of Southern QLD)

2:55pm  Astellas Prostate Cancer Nursing Scholarship award announcement
Mr Dave Gray (Australian Prostate Centre)

3:00pm  Astellas Prostate Cancer Nursing Scholarship Report
Mrs Leanne Prosser

3:05pm  Meeting Close
Ms Helen Crowe and Mr Dave Gray

1:45pm - 3:15pm  POST PROSTATECTOMY INCONTINENCE WORKSHOP
Meeting Room P6
Meeting Room P7
Chair: Stuart Doorbar-Baptist & Stuart Willder

1:45pm  Surgical management of PPI
Dr Greg Malone (Brisbane Urology Clinic)

2:15pm  Nursing role in PPI
Ms Sandra Warden (Mater Health Services)

2:45pm  Discussion

3:15pm - 3:45pm  AFTERNOON TEA & CONFERENCE CONCLUDES
Plaza Ballroom